

Advanced Avalanche Awareness & Transceiver Training

Saturday & Sunday the 8th & 9th of February 2020

This is a two-day CPD workshop aimed at aspirant and qualified International Mountain Leaders. The workshop will be based in Aviemore and around the ski area of the northern corries of Cairngorm. The workshop will be delivered inside and out so be prepared for classroom activity and a winter day out in Scotland (see the kit list). The number of participants will be limited to 9. The workshop will run from 9 am to 4 pm each day in order to cover the course content as listed below:

Saturday morning (indoors):

- Anatomy of snow
- Ingredients for avalanche
- Mapping the risk
- Avalanche forecasts and interpretation
- Being Avalanche Aware or TSP

Saturday afternoon (outdoors but not on the hill):

- Transceivers in general
- Understanding antennas
- Understanding interference
- Transceiver checks as an IML
- Shovels & probes, tomorrow's kit

Sunday (outdoors on the hill):

- Key avalanche indicators
- Types of snow pit and training of these
- Snow pit results and the relevance of snow pits
- Single and multiple burial scenarios in groups
- Evaluation & discussion of group efforts
- Search method, phases & time spent
- Shovelling technique and its importance
- Prioritizing resources (triage)
- Human behaviour - heuristics
- False sense of security

You will need to bring a packed lunch and drinks for each day. We will share cars to get to the ski area and back. There will be a social evening meal together on the Saturday evening for those interested. The classroom location is to be decided. The workshop is BAIML approved. To reserve your space please return the booking form attached. The workshop costs £120 / €130 per person. Payment is made in full in cash or by PayPal on the Saturday of the workshop.



What to bring?

- Packed lunch, snacks and hot and cold drinks for each day
- Suitable clothing, boots and shoes for the workshop and evening out
- Suitable winter kit for a day in the Cairngorms
- Snowshoes (optional)
- Transceiver with fresh batteries
- Shovel
- Probe
- Ice axe
- Pen and paper
- Camera

**Booking form**

Trip/course title: **Advanced Avalanche Awareness & Transceiver Training**

Dates: **8th & 9th of February 2020**

By signing up, the client gives permission for the client's information to be stored for internal use. The right is reserved to use pictures taken during courses and trips in future course material or on the Mountain Environment website. Should a client not wish to have pictures including themselves used, then this request must be made in writing before the start of the course or trip.

Full name (as stated in passport):	Date of birth (dd/mm/yy):
Address:	
E-mail:	Telephone home (with international code):
Special dietary requirements:	Telephone mobile (with international code):
Handicap, illness or use of any prescribed medicine:	
Next of kin (name, address, telephone number & relation):	
Travel insurance details (company name, policy number & emergency contact telephone number):	
Signature:	Date (dd/mm/yy):

This page should be filled out then scanned or photographed with a mobile phone and returned by e-mail.